

# CURRICULUM VITA

## PERSONALIA

**Luk Peeters**  
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Born in Brussels on May 13, 1962  
Father of one daughter and two sons  
Drivers Licence: A, B, C, D, CE, DE

## STUDIES AND FORMAL TRAINING

Certified supervisor for the NVAGT (Dutch-Flemish Gestalt Association) and EAGT (European Association for Gestalt Therapy)

- 2016: certified as person-centered psychotherapist
- 2011-2012: Emotion-Focused Therapy, Level 1 and 2 (Jeanne Watson and Robert Elliot)
- 2007: specialization in 'Existential Psychotherapy' (Mick Cooper, Strathclyde University)
- 1987-1990: Group Counseling and Experiential Gestaltpsychotherapy studies at the 'Faculteit voor Mens en Samenleving', Turnhout
- 1980-1985: University of Leuven, Psychological and Educational Sciences  
Department of Social Educational Sciences and Adult Education  
Masters Degree

## WORK EXPERIENCE

### 1. Present

At this moment I am full time self-employed (since 1997) and working in some different area's:

- as trainer and teacher for Focus On Emotion, Belgium
  - Staff member of a specialization training year in Experiential Group-psychotherapy for psychotherapists
  - Staff member of a four-year Person-centered psychotherapy studies in cooperation with KUL (University Leuven)

- as teacher/trainer in a postgraduate studies for 'experiential Development in Groups' at UCLL (University College Leuven-Limburg) and in 'Adventure Education' for the Odisee University College Brussels
- as free-lancer teacher for the Center of Permanent Education of the UA (University Antwerp)
- as partner of VIA EXPERIENTIA: International Academy for Experiential Education
- as independent process-consultant, coach, trainer and supervisor

I specialized into an experiential approach and the usage of some active methodologies. These include Outdoor-activities and the use of dramatic methods. Most of my work is with groups or existing teams but also with individuals on personalized coaching trajectories.

My customers during previous years include: Elan training The Netherlands, KHLim, KULeuven, OFO (Training Institute Federal Government Belgium), Gradschool (UK), VZW Czagani, VZW De Hefboom, VZW De Wissel, Oikoten VZW, EHSAL, Karel De grote Hogeschool, Hogeschool Heverlee, ARKTOS VZW, Outward Bound Belgium and Finland, IKEA, Bose, EXXON-Mobil, UCL London, Promedia, Petrofina, Monsanto, INSEAD, Lafarge Cements, Philips, Belgacom, Proximus, DHL, Colruyt Group, Rongen Consult (Netherlands), Leadership Excellence (Scotland), UCP (Peru), ARA (South Africa), NV Van Kelst and Partners, het Trainingshuis, Outdoor Unlimited Training (Germany), World of Adventure A/S (Denmark), NV Outfort, ISP Belgium, VSKO, ARDI (France), KITOKIE PROJEKTAI (Lithuania) KRO (Dutch broadcasting), ABAAT (Australia)...

## **2. Pertinent professional history**

Under this heading I want to mention some important projects or professional trajectories I organized and directed

- 2018-....: 6-day hiking expeditions in Hungary for the 'personal growth' programs of the Colruyt Group
- 2015-2017: research and training program in Team Development Methodology for the Colruyt Group
- 2015-....: co-chair of the International Adventure Therapy Committee
- 2010 -....: yearly consultancy for Kitokie Projektai team (Lithuania)
- 2009: coaching sessions for multinational companies in cooperation with MTD-training (UK)
- 2008 -2012: 5-day 'teamworkshops' for UCL London in Snowdonia National Park
- 2007- ....: teaching group dynamics for profs+: training for school directors of primary schools from the whole of Flanders
- 2006: 6-day Therapeutic Wilderness Walkshop in New-Zealand: 'Exploring Wild New Zealand: Exploring Self: Exploring the Process of Therapeutic Journeys' with Martin Ringer.
- 2002-2005: International Summer School for Leaders of Experiential Training and Therapeutic Groups in the Dordogne (France) and Tokyo (Japan) together with Martin and Françoise Ringer.

2001-2004: Free-lance trainer for GRADschool in Great Britain. Training programs for the directors of training programs for doctoral students.

1997-1998: Training of the evaluators-role in the Introduction of new evaluation system in the Belgian National Government Administration

1996-2010: Personal Growth and Communication Skills Programs for the employees of the Belgian National Government (OFO)

1995- 2011: Co-founder and director of Exponent, European Challenge Course construction and training company

1994-....: Individual counseling and psychotherapy and supervision of therapists

1985-....: Outward Bound Belgium

1997-....: Free-lance trainer

1993-1998: National and international Train The Trainer programs for Youth workers and educators

1990-1995: Program Director

1987-1990: Project Responsible: Youth at Risk programs

During my work period with Outward Bound® I was responsible for the training of new staff members, the promotion of experiential Learning in workshops, congresses, radio and television.

I trained individuals and teams of different backgrounds and nationalities: ranging from Youth at Risk, Police Forces, Educators, Head Nurses of hospitals to Managers of major International Companies and Training Institutes.

### **3. Workshops, Training programs and International Experience**

During the previous years I was asked or I presented workshops at the following **conferences:**

Flemish Gestaltcongres

Flemish/Dutch Gestaltcongres

ACCT conferences in the USA (1997, 1998, 2000, 2001, 2002, 2003, 2004 ) (ACCT: Association of Challenge Course Technology)

Regional AEE conferences in Europe (1998, 2000, 2001, 2008, 2009, 2010), (AEE: Association of Experiential Education) en international AEE conference in the USA (2002)

Adventure Therapy conference in Germany (2000), Canada (2003), New-Zealand (2006) (+Pre-conference Walkshop), Scotland (2009), Sczech Republic (2012), USA (2015), Australia (1018) (+ post-conference walkshop)

The South-African Adventure Conferences in 2000, 2001, 2006 en 2008 (Keynote speaker)

Several in-house **workshops** in Belgium, The Netherlands, Germany, France, Great-Britain, Japan, Denmark, New-Zealand, Hungary, South-Africa, Lithuania and Iceland.

I conducted **Technical Outdoor training Programs** in Belgium, The Netherlands, Germany, Turkey, Peru, Great-Britain, France and Singapore

And **training programs in process-consultancy skills** in Belgium, The Netherlands, Germany, Peru, Great-Britain, France, Denmark, South-Africa, Japan, USA, Canada, New-Zealand, Lithuania, Italy, Hungary, Australia and Iceland

## LANGUAGES

- Dutch: mother tongue
- English: good talking, reading and writing
- French : good talking and reading
- German: basic talking, understanding and reading
- Spanish: notions of talking, understanding and reading

## PUBLICATIONS

Carpenter, C., Harper, N. & Peeters, L. (2015). Chapter 8. Adventure Therapy. In Black, R. & Bricker, K. (Eds): *Adventure Programming and Travel for the 21<sup>st</sup> century*. USA, Venture Publishing.

Peeters, L. and Ringer, M. (2015). The hidden adventure. Group Projective Identification in the practice of Adventure Therapy. In Norton, C, Carpenter, C and Pryor, A. (Eds). *Adventure therapy around the globe. International Perspectives and Diverse Approaches*. Illinois. Common Ground Publishing.

Peeters, L. (2012). Taking therapy into the outdoors: Why and when and how to do so. In A. Pryor et al (Eds): *Emerging insights: Proceedings of the Fifth International adventure Conference 2009* (pp.54-65), Prague, ESAP.

Peeters, L. (2009). Hoofdstuk 18. Over het inzetten van avontuurlijke werkvormen. In P. derkinderen, E. Knijff & S. Meijer (eds.): *praktijkboek Gestalt*. (pp. 271-286). Utrecht, De Tijdstroom.

Peeters, L., Lorent, G. & Debaenst, T. (2004). The Adventure of engaging Traumatic Brain Injured Patients in a therapeutic challenge course program. In S. Bandoroff & S. Newes (Eds.): *Coming of Age: The evolving field of Adventure Therapy* (pp.182-194), Boulder, AEE.

Peeters, L. (2003) From Adventure to Therapy: Some necessary conditions to enhance the therapeutic outcomes of adventure programming. In:K. Richards & B. Smith (eds.) *Therapy within Adventure, Proceedings of the Second International Therapy Conference*, (pp. 127-138), Augsburg, ZIEL.

Hovelynck, J. & Peeters, L. (2003). Laughter, Smiles and Grins: The Role of Humor in Learning and Facilitating. *Journal of Adventure Education and Outdoor Learning* Vol 3(2), 171-183.

Hovelynck, J. & Peeters, L. (1999). Humor: stört oder fördert er den Lernprozess? *Erleben & Lernen*, 7(6), 4-13 .

Peeters, L. (1997). 'De Paal' als werkinstrument binnen een Experiëntiële Gestaltpsychotherapiebenadering. *Gestalt, tijdschrift voor Gestalttherapie*, 4,41-45

Peeters, L. (1995) Outward Bound® en City Bound® training. Activiteiten in de natuur en in de grootstad als middel tot het verhogen van de teameffectiviteit. *Kluwer, Praktijkgids Management lokale besturen*-afl.21 (oktober 1995).

Peeters, L., Vanreusel, B., Van Welzenis, I. (1994). *Vorming door sportieve aktie. Evaluatie van een vormingscursus voor begeleiders van maatschappelijk kwetsbare jongeren.* Brussel, Koning Boudewijnstichting.

## OUTDOOR CERTIFICATES AND EXPERIENCE

- Training Rock Climbing University Leuven (1986)
- Climbing Certificate 3: Outdoor Headclimber
- Training at Outward Bound Belgium in several Outdoor disciplines: Rockclimbing, caving, rafting, orienteering and camping, Via Ferrata, initiatives
- sinds 1986 active canyoneering expeditions (France, Spain, Isle de La Reunion)
- Canoe expeditions in the Quetico (Canada), the Everglades (USA) and the Scottish Isles.
- Several caving expeditions in including the traversing of the 'Systema Badalona' in Spain (-1150m)
- Train-the-trainer for Exponent (since 1995) in Ropes Course activities, Rope access and rescues at height
- WFR certificate (Wilderness First Responder), last renewal in 2015 (specialised First Aid training).